

ZEGG summer camp 2023

Status 19.05.23

Changes very likely!

Roots

Body

Zeit	Mittwoch 26.7.	Donnerstag 27.7.	Freitag 28.7.	Samstag 29.7.	Sonntag 30.7.	Montag 31.07.
		Morning Offers	Morning Offers	Morning Offers	Morning Offers	Morning Offers
8.00 - 9.30		Breakfast 8.30 ZEGG Guided tour	Breakfast	Breakfast	Breakfast	Breakfast
10.00 – 12.30, then Silence?		Opening	„EARTH“	“GENERATIONS”	„Relationships structural“ „Privileges“	„Relationships individual“ „Love“
13.00		Lunch	Lunch	Lunch	Lunch	Lunch
14.00 – 15.00		Siesta (Blue Salon)	Siesta (Blue Salon)		Siesta (Blue Salon)	Siesta (Blue Salon)
16.00	Since 15:00 Reception 17.30 ZEGG Guided tour for new guests	Reference groups	Reference groups	Reference groups	Reference groups	15:00 Extatic Dance
18.30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20.30	Camp-Opening	Dance space/Contact		Biodanza	Guest offerings	Reference groups
	ca. 22.00 Art cafe		Art cafe		Art cafe	
						Star night

The mornings consist of lectures/inputs, physical and integration exercises, singing together and much more. There will be ongoing thematic places and actions and a daily meeting place for exchange with "Zeggis". The village pub is open daily.

Body

Wings

Zeit	Dienstag 1.8.	Mittwoch 2.8.	Donnerstag 3.8.	Freitag 4.8.	Samstag 5.8.	Sonntag 6.8.
	Morning Offers	Morning Offers	Morning Offers	Morning Offers	Morning Offers	Morning Offers
8.00 - 9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10.00 – 12.30	ART DAY	„Relationships structural“	„Realisation and action“	„(Topic follows)“	„Hope and Spirituality“	„Anchoring“
13.00		„Eros and Sex“	<i>Fundraising</i>	OPEN SPACE DAY	Integration	Finale
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	ART DAY					
16.00		Reference groups	Reference groups	OPEN SPACE DAY	Reference groups	
18.30	Dinner	Dinner	Dinner	Dinner	Dinner	
20.30	Art Day Exhibition			Guest offerings	Closing party	
	Open Stage	Art cafe	Dance space	Art cafe		
		Salon feast				