



ZEGG SUMMER- CAMP 2019

Trust, warmth & connectedness
as a basis for social change

Concretely, it's about...

- * Political activism born out of our sense of belonging and being nourished
- * Community as a place of warmth and trust among people
- * Eros and sensuality as a life force
- * Mindfulness and authentic contact
- * Connection of body, mind & soul
- * Deepening and integrating of the experience e.g. in home groups
- * Exploration of our individual aliveness and the recognition of ourselves as a connected part of the whole organism

Besides

- * Art, music, performances & parties - as well as quieter corners for relaxation and silence
- * In order to enjoy a state of non-knowledge and non-doing
- * The children and youth camp
- * You can also just book a 5-day short camp

All information

about accomodation, content, co-creators, speakers & prices - as well as registration:
www.zegg.de/sommerncamp

Venue

ZEGG (Zentrum für experimentelle Gesellschaftsgestaltung) was founded in 1991 and is a community, an ecovillage and a seminar centre 70km southwest of Berlin.

Here about 110 people live and explore how trust and love can grow in community living and how personal development in collective structures can foster impulses and projects for a non-violent world.

We are looking forward to meeting you,
the ZEGG Community

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11 days exploring together
july 24 – august 04 / 2019



Where do we stand?

It's serious. We all know what it is about.

The crisis can no longer be talked away. But it is encouraging to see diverse, courageous and creative initiatives emerging everywhere to counter the destruction.

Unfortunately, many people and change activists see themselves on the edge of burnout, because we strive for the new, but we still move in the old paradigm: We run and toil to the beat of what we want to overcome and are thus incorporated into the system instead of transforming it.

„The problems that we have in our lives and in the world (be it relationship crises or world hunger), stem from our energetic weakness and lack of connection, from our inability to feel ourselves, each other and the earth - and to perceive how life [actually] strives to move and develop through us.

The question is not whether to act and do something' or not, but what actually causes us to act“.

Dan Emmons

Accordingly, our intention, as a first step, is to identify the habits and structures of separation and to perceive how they affect us personally, our relationships and the world.

Based on this recognition we can sink into the simplicity, clarity and sensuality of being human. - In a strong connection with all living things that nourishes us and gives us strength for cooperative and embedded action.

The movement towards a new culture can now take place mindfully, without continuing to use the methods of separation.

Where are you going?

- * What happens when we meet as human beings and let each other know what deeply moves our hearts?
- * How do we get together into a creative state, which is consciousness and healing at the collective and at the personal level?
- * What common ground is needed to create a meaningful change?

We want to pursue these and similar questions. We will not give quick answers, but observe what wants to emerge from our common field.

We invite you to this journey.

As a community - during the summer camp & beyond.

Give life energy a home